

STORE	ADDRESS	CITY	PROVINCE	PHONE
CLANCY'S MEATS - ABBOTSFORD	2100 WHATCOM RD.	ABBOTSFORD	BC	
THUMPERS PATCH	2777 GLADWIN ROAD	ABBOTSFORD	BC	604-853-8913
AGASSIZ DELI	7098 PIONEER AVENUE	AGASSIZ	BC	604-796-3315
SUPER VALU # 14	7024 CHEAM AVE.	AGASSIZ	BC	604-796-900
OTTER CO-OP	3600-248TH STREET	ALDERGROVE	BC	604-856-2517
BUY LOW - ATHABASCA	4919 - 48TH STREET	ATHABASCA	AB	780-675-2236
NESTERS MARKET BANFF	122 BEAR STREET	BANFF	AB	403-762-3663
SNUG COVE GENERAL STORE	P.O BOX 160	BOWEN ISLAND	BC	604-947-9619
PENINSULA CO-OP	2132 KEATING CROSS ROAD	BRENTWOOD BAY	BC	250-652-1188
DINO ROSA'S ITALIAN MARKET	9136 MACLEDD TRAIL SOUTH	CALGARY	AB	403-255-6011
EDELWEISS IMPORTS-LTD. CALGARY	1921 20 AVE N.W.	CALGARY	AB	403-282-6600
JANICE BEATON FINE CHEESE	1249 KENSINGTON ROAD NW	CALGARY	AB	403-283-0999
LINA'S ITALIAN MARKET	2202 - CENTRE ST. N.E.	CALGARY	AB	403-277-9166
RUSTIC SOURDOUGH	1305-17 AVENUE SW	CALGARY	AB	403-245-2113
CHEDDAR & CO. SPECIALTY FOODS	1090 A SHOPPERS ROW	CAMPBELL RIVER	BC	250-830-3344
THRIFTY FOODS	1400 IRONWOOD RD	CAMPBELL RIVER	BC	
THRIFTY FOODS	7860 WALLACE DR.	CENTRAL SAANICH	BC	
HAPPY DAYS DAIRIES	7350-A BARROW ROAD	CHILLIWACK	BC	604-823-7241
HOFSTEDE'S COUNTRY BARN	45796 LUCKAKUCK WAY	CHILLIWACK	BC	604-824-1192
THRIFTY FOODS	1860 ISLAND HIGHWAY	COLWOOD	BC	
THE OLD COUNTRY MARKET	1120 SCHIDLER RD	COOMBS	BC	250-248-6272
I.G.A. MARKET PLACE #36 - Westwood	1410 PARKWAY AVE	COQUITLAM	BC	604-464-8506
SUPER VALU # 17	1920 COMO LAKE AVE.	COQUITLAM	BC	604-939-3721
THRIFTY FOODS	2662 AUSTIN AVE.	COQUITLAM	BC	
RUNGE'S DELI	347 - 4TH ST.	COURTENAY	BC	250-338-8621
THRIFTY FOODS	6TH & ENGLAND AVE.	COURTENAY	BC	
THRIFTY FOODS	1207 56TH STREET	DELTA	BC	
THRIFTY FOODS	2755 BEVERLY ST	DUNCAN	BC	
CAMERON'S MEATS - SOUTH	9672 142ND STREET	EDMONTON	AB	
PADDY'S INTERNATIONAL CHEESE MARKET LTD.	12509 - 102 AVE	EDMONTON	AB	780-413-0367
SOBEY'S HAWKSTONE	4921-184 STREET	EDMONTON	AB	780-441-3502
SOBEY'S NAMAQ CENTRE	9611-167 AVENUE	EDMONTON	AB	780-473-3442
FAIRVIEW IGA (FRESNO IGA)	BOX 850 10904-101 AVENUE	FAIRVIEW	AB	780-835-2716
LIBERTY "AG" FOODS	1950 MAIN STREET	FRUITVALE	BC	250-367-9911
I.G.A. MARKET PLACE #56 - Gibsons	1100 HIGHWAY 101	GIBSONS	BC	604-886-3487
SUPER VALU #3323 SUNNYCREST MALL	900 GIBSONS WAY	GIBSONS	BC	604-886-2424
GRIMSHAW SUPER A FOODS	BOX 1005023-54TH AVENUE	GRIMSHAW	AB	780-332-4495
BUY & SAVE FOODS #30	489 WALLACE STREET	HOPE	BC	604-869-5318
THE SMORGASBORD	225 - 7TH AVENUE	KAMLOOPS	BC	250-377-0055
L & D MEATS	#103-2365 GORDON DRIVE	KELOWNA	BC	250-717-1997
LA CASA	6808 WESTSIDE ROAD	KELOWNA	BC	250-542-0515
NESTERS MARKET - KELOWNA	1111 LAWSON AVENUE	KELOWNA	BC	250-717-8263
SUPERIOR FISH MARKET	TRENANT PARK SQUARE 5229-A LADNER TRUNK RD	LADNER	BC	
49TH PARALLEL HEAD OFFICE	1020 1ST AVE, PO BOX 687	LADYSMITH	BC	250-245-3221
CEDARBROOK DELI DEPT.	4123 - 200TH STREET	LANGLEY	BC	604-530-1737
MORENO'S MARKET & DELI	7150-200TH STREET	LANGLEY	BC	604-534-4500
RALPH'S FARM MARKET-MURRAYVILLE	22728 FRASER HWY	LANGLEY	BC	604-532-3033
WELL SEASONED	302-20771 LANGLEY BY PASS	LANGLEY	BC	604-530-1518
I.G.A. MARKET PLACE #78 - Madeira Pk	12887 M.P. RD, P.O. Box 155	MADEIRA PARK	BC	604-883-9100
HOWARD WONG FARMS	5486 RIVERSIDE ROAD	MATSQUI	BC	604853-3829

THRIFTY FOODS	2720 MILL BAY ROAD	MILL BAY	BC	
FRUITS & GREENS MARKET & DELI	32796 LOUGHEED HWY	MISSION	BC	604-826-4419
MCLEAN'S SPECIALTY FOODS	426 FITZWILLIAM STREET	NANAIMO	BC	250-754-0100
QUEEN'S TABLE (THE)	305-5800 TURNER ROAD	NANAIMO	BC	250-751-7967
THRIFTY FOODS	LONGWOOD STATION	NANAIMO	BC	
THRIFTY FOODS	PORT PLACE	NANAIMO	BC	
URBAN BEET	6595 APPECROSS ROAD	NANAIMO	BC	250-390-9722
DEEP COVE MARKET IN SAANICH	10940 W SAANICH ROAD	NORTH SAANICH	BC	250-656-2547
CORNER STORE (THE)	1096 WEST 22ND	NORTH VANCOUVER	BC	604-999-6816
END OF THE LINE GENERAL STORE	4193 LYNN VALLEY ROAD	NORTH VANCOUVER	BC	604-999-6816
FAMILY GOURMET DELI LTD.	#311-1199 LYNN VALLEY RD	NORTH VANCOUVER	BC	604-980-4121
GIFTWORKS	3080 EDMONT BLVD	NORTH VANCOUVER	BC	604-986-4863
I.G.A. MARKET PLACE #37 - Lonsdale	#130 - 150 ESPLANADE WEST	NORTH VANCOUVER	BC	604-985-4431
SUPER VALU #10	415 NORTH DOLLARTON HWY	NORTH VANCOUVER	BC	604-924-0997
SUPER VALU #11	3230 CONNAUGHT CRES	NORTH VANCOUVER	BC	604-987-7917
SUPER VALU	8130 MAIN STREET	OSOYOOS	BC	250-495-6818
THRIFTY FOODS	280 E. ISLAND HIGHWAY	PARKSVILLE	BC	
FRESON IGA	7900-99 AVENUE	PEACE RIVER	AB	780-624-7673
I.G.A. MARKET PLACE #114 - Penticton	1160 GOVERNMENT STREET	PENTICTON	BC	250-493-1737
IL VECCHIO DELI LTD.	317 ROBINSON STREET	PENTICTON	BC	250-492-7610
BERT'S A.G.FOODS	312 JAMIESON AVENUE	PICTURE BUTTE	AB	403-732-4144
HAMILTON'S IGA	4502-50 STREETBAY # 4	PONOKA	AB	403-783-3001
SUPER VALU #61	2535 SHAUGHNESSY STREET	PORT COQUITLAM	BC	604-942-6126
EDEN WEST FINE FOODS & GIFTS	2500 ST.JOHNS STREET	PORT MOODY	BC	604-939-6200
INLET SEAFOODS	236 NEWPORT DR.	PORT MOODY	BC	604-469-6646
THRIFTY FOODS	170 BREW ST.	PORT MOODY	BC	
GALLOWAY'S FOODWISE	7860 ALDERBRIDGE WAY	RICHMOND	BC	604-280-6363
LONDON STATION MARKET	#120-6231 LONDON ROAD	RICHMOND	BC	604-272-0115
PAPI'S RISTORANTE ITALIANO	110-12251 NO 1 ROAD	RICHMOND	BC	604-277-7444
FERRARO FOODS	2027 COLUMBIA AVE	ROSSLAND	BC	250-362-5206
DE MILLE SWEET CORN & PRODUCE	3710 10TH AVENUE S.W.	SALMON ARM	BC	250-832-7550
THRIFTY FOODS	MOUAT'S CENTRE	SALTSPRING ISLAND	BC	
CLAYTON'S HERITAGE MARKET	5755 COWRIE STREET	SECHELT	BC	604-885-2025
GOOD STUFF HEALTH FOODS	#101 5688 COWRIE ST.	SECHELT	BC	604-885-9063
I.G.A. MARKET PLACE #81 - Sechelt	4330 HIGHWAY 101	SECHELT	BC	604-885-6331
MASON PLACE MARKET	6506 NORTHWEST BAY ROAD	SECHELT	BC	604-885-4434
RAINTREE FARMS PRODUCE & DELI	103-5697 COWRIE ST	SECHELT	BC	604-740-9818
SECRET COVE MARINA	5411 SECRET COVE ROAD	SECHELT	BC	604-885-3533
ASKEW'S FOODS	436 MAIN STREET	SICAMOUS	BC	250-836-4899
THRIFTY FOODS	9810 7TH STREET	SIDNEY	BC	
NESTER'S MARKET SQUAMISH	#710-1200 HUNTER PLACE SS3	SQUAMISH	BC	604-815-0733
GRAPEVINE DELI LTD	10B PERRON STREET	ST ALBERT	AB	780-459-9849
GRECO'S SPECIALTY FOODS	6886 KING GEORGE HWY.	SURREY	BC	604-590-1644
NESTER'S MARKET - FRASER HEIGHTS	16033 - 108TH AVE	SURREY	BC	604-581-4188
THE EVERYDAY GOURMET	#102 - 2982 152ND STREET	SURREY	BC	604-541-3141
TWO EE'S FARM	16411 FRASER HIGHWAY	SURREY	BC	604-572-1813
ZERELLI'S MEDITERRANEAN MARKET	402-14022 32ND AVENUE	SURREY	BC	604-536-3676
COBB'S AG FOODS	#2-5015-50 STREET	SYLVAN LAKE	AB	403-887-2091
JOE'S FARM MARKET	1251-56 STREET	TSAWWASSEN	BC	604-943-7736
APPLE HILL FARMS	760 WEST 6TH AVENUE	VANCOUVER	BC	604-871-0080
BENTON BROTHERS FINE CHEESE	2104 WEST 41ST AVENUE	VANCOUVER	BC	604-261-5813

BOCCONCINO DELI	2233 W. 41ST AVE.	VANCOUVER	BC	604325-2365
CHEESE PLACE	#267 2083 ALMA SHOPPING CTR.	VANCOUVER	BC	604-222-1911
CLASSIC GREETING BASKETS	145 WEST 6TH AVENUE	VANCOUVER	BC	604-879-9766
D&G PRODUCE	2279 COMMERCIAL DRIVE	VANCOUVER	BC	604-255-1440
DONALD MARKET	2342 E. HASTINGS ST	VANCOUVER	BC	604-254-3014
DUSSA HAM & CHEESE	GRANVILLE ISLAND MARKET 1689 JOHNSTON ST.	VANCOUVER	BC	604-688-8881
EAST END FOOD COOP	1034 COMMERCIAL DR	VANCOUVER	BC	604-254-5044
GREEN & GREEN	153 WEST 7TH AVENUE	VANCOUVER	BC	604-689-5027
KILLARNEY MARKET	2611 EAST 49TH AVE	VANCOUVER	BC	604-438-0869
MAGEE GROCERY	6481 WEST BOULVARD	VANCOUVER	BC	604-266-6241
MEINHARDT FINE FOODS	3151 ARBUTUS STREET	VANCOUVER	BC	604-732-7900
MEINHARDT FINE FOODS	3002 GRANVILLE STREET	VANCOUVER	BC	604-732-4405
STOCK UP	6019 WEST BOULEVARD	VANCOUVER	BC	604-266-4527
STONG'S GROCERY	4560 DUNBAR STREET	VANCOUVER	BC	
SUPER VALU #98	1645 E 1ST AVENUE	VANCOUVER	BC	604-254-1214
THE GOURMET WAREHOUSE	1340 EAST HASTINGS STREET	VANCOUVER	BC	604-253-3022
TOP 10 PRODUCE	4536 W. 10TH AVE.	VANCOUVER	BC	604-222-3198
URBAN FARE COAL HARBOUR	305 BUTE STREET	VANCOUVER	BC	604-669-5831
URBAN FARE SHANGRI-LA	1133 ALBERNI STREET	VANCOUVER	BC	
URBAN FARE YALETOWN	177 DAVIE STREET	VANCOUVER	BC	604-975-7550
WEST VALLEY PRODUCE	1156 BUTE STREET	VANCOUVER	BC	604-669-5612
WHOLE FOODS CAPERS	1675 ROBSON STREET	VANCOUVER	BC	604-687-5288
WHOLE FOODS CAPERS	2285 WEST 4TH	VANCOUVER	BC	
WHOLE FOODS MARKET	3277 CAMBIE STREET	VANCOUVER	BC	604-909-2988
HELMUT'S SAUSAGE KITCHEN	2103 - 48TH AVE	VERNON	BC	250-260-3281
CHARELLI'S DELICATESSEN & CATERING	2863 FOUL BAY ROAD	VICTORIA	BC	250-598-4794
MARIA'S DELI	4080 SHELBOURNE ST	VICTORIA	BC	250-477-7823
SLATER'S FIRST CLASS MEATS	2577 CADBORO BAY ROAD	VICTORIA	BC	250-592-0823
THRIFTY FOODS	777 ROYAL OAK	VICTORIA	BC	
THRIFTY FOODS	1626 MACKENZIE AVE.	VICTORIA	BC	
THRIFTY FOODS	1580 HILLSIDE	VICTORIA	BC	
THRIFTY FOODS	3995 QUADRA ST.	VICTORIA	BC	
THRIFTY FOODS	3475 QUADRA ST.	VICTORIA	BC	
THRIFTY FOODS	1590 FAIRFIELD RD.	VICTORIA	BC	
THRIFTY FOODS	475 SIMCOE ST	VICTORIA	BC	
THRIFTY FOODS	1495 ADMIRALS RD.	VICTORIA	BC	
WESTERN FOODS	772 GOLDSTREAM AVE.	VICTORIA	BC	250-478-8306
MARKET STREET VULCAN	P.O.BOX 007121-1ST STREET	VULCAN	AB	403-485-6955
I.G.A. MARKET PLACE #2 - West Van	2491 MARINE DR	WEST VANCOUVER	BC	604-913-3056
MITRA'S	1451 CLYDE AVE	WEST VANCOUVER	BC	604-913-0660
SEBASTIAN & CO	2425 MARINE DRIVE	WEST VANCOUVER	BC	778-846-8479
WHOLE FOODS MARKET	925 MAIN ST. VILLAGE AT PARK ROYAL	WEST VANCOUVER	BC	
CREEKSIDE MARKET	#305-2071 LAKE PLACID ROAD	WHISTLER	BC	604-938-9301
I.G.A. MARKET PLACE #77 - Whistler	4330 NORTHLAND BLVD	WHISTLER	BC	604-938-2850
WHITEROCK SUPER MARKET	15238 RUSSEL AVE	WHITE ROCK	BC	604-541-4997
YUKON MEAT & SAUSAGE	203 HANSEN ST.	WHITEHORSE	YK	867-667-7583